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Understanding Body . Dysmorphic Disorder . Introduction 2 What is Body Image? 2 ... In later modules, we will discuss how you can overcome this problem.

Understanding Body Dysmorphic Disorder - WA Health

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If you do, you might be dealing with the effects of a problem called body dysmorphic disorder (BDD). Individuals who suffer from BDD are excessively preoccupied with the shape or size of their body-obsessed

with a facial blemish, a minor bodily defect, or some specific aspect of their appearance.

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